

## 2024 Spring Vegetables

### Artichoke (*Cynara cardunculus* var. *scolymus*) & Cardoon (*Cynara cardunculus*)



#### Imperial Star

An early green artichoke specifically bred for annual production and summer harvest. Imperial Star doesn't require a chilling period for bud formation and will produce well-developed artichokes the first year from seed. This extra vigorous variety typically produces 1–2 primary buds, and 5–7 smaller secondary buds. 95 days.



#### Porto Spineless

Multi-use edible perennial with similar flavor to artichoke when boiled (not for eating raw). Both portions are commonly used as a side vegetable, as an addition to stuffing, or in soups and stews. If left unharvested, the 3–4' tall plants will produce large, purple, thistle-like flowers. The sharply lobed and serrated silver-green leaves are a unique addition to flower arrangements. 100 days.

### Asparagus (*Asparagus officinalis*)



#### Millennium

Superior all-around performer. Maintains tip tightness and produces more male plants, with higher fern vigor and survival. Does well in a variety of soil conditions, including heavy soils. Standard harvest 3 years after planting.



#### Purple Passion

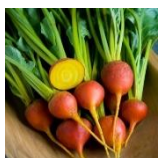
Purple spears with sweeter flavor and more tender stalks than most green varieties. Color fades when cooked, but excellent flavor is retained. A colorful option for raw eating in salads. Standard harvest 2 years after planting.

### Beets (*Beta vulgaris*)



#### Bull's Blood

Heirloom variety produces deep burgundy leaves for salad or micro mix. Roots show attractive candy-striped zoning when sliced. 35 days baby leaf. 58 days roots.



#### Touchstone Gold

Excellent, sweet flavor and retains its golden color when cooked. Smooth, round roots with green petioles and leaves. 55 days.

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### Beets (*Beta vulgaris*)



#### Red Ace

Reliable, adaptable, and fast-maturing beet with strong tops. Sweet and tender, even when older. Medium-tall, red-veined greens for bunching. 50 days.



#### Gourmet Blend

This jewel-toned beet mix boasts beautiful coloration with superb health benefits. Can be used for canning, roasting, or in salads. 65 days.

### Bok Choy (*Brassica rapa chinensis*)



#### Black Summer Choi

Broad, flat, light green petioles are topped with oval dark green leaves. Forms a perfect vase shape even when small. Nice compliment to 'Joi Choi'. Very slow bolting. 45 days.



#### Joi Choi

Heavy, vigorous white-stem Bok Choy. Broad, 12-15" tall, heavy bunch with dark green leaves and thick, flattened white petioles. 50 days

### Broccoli (*Brassica oleracea italica*)



#### Eastern Magic

The medium-size plants produce well-domed, blue-green heads with a fine bead. Produces quality crops under less-than-ideal conditions. For summer harvest. 62 days.



#### Green Magic

Boasts excellent heat tolerance. Heads are smooth, well-domed, and extremely uniform in maturity. Suited for summer harvest. 57 days.

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### Broccoli (*Brassica oleracea italica*)



#### **Imperial**

Heads are dark green with small, attractive beads. Best suited for harvest in summer and early fall and performs best in areas with long days and moderate heat. 66 days.



#### **Broccoli Raab (Spring Rapini)**

The most versatile broccoli raab variety for growing throughout the season. Especially well-suited for spring and summer harvest and overwintering in mild climates. Large, tender, abundant leaves are borne on thin stems with delicate buds. Small edible yellow flowers make an attractive garnish or addition to salads. 42 days.



#### **Di Ciccio**

An Italian heirloom multi-cut variety said to be more productive than many hybrids. Its non-uniformity in maturity results in a longer harvest period, making it a good choice for succession planting in home gardens and market gardens alike. Plants produce small, 3–4" main heads projected well above the foliage followed by a large yield of side-shoot spears. 45 days.

### Cabbage (*Brassica oleracea capitata*)



#### **Primo Vantage**

Mid-early variety. Medium-sized heads have a very short core, and the tender leaves are juicy, tender, and sweet. Great flavor for fresh use or light cooking. Perfect for coleslaw or stir-fries. 73 days.



#### **Storage No. 4**

For fresh use and storage. Makes nice heads even under fertility or weather stress. Solid blue-green heads are round with a tapered base, have delicious, crisp leaves, and are capable of long-term storage into spring. Excellent eating quality from storage. 95 days.



#### **Ruby Perfection**

The No. 1 mid-late red cabbage. Medium size heads are dense, with uniform high-rounded shape. Good for late summer harvest and good field-holding ability. 85 days.

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### Carrots (*Daucus carota var. sativus*)



#### **Carnival Blend**

Red, purple, orange and yellow carrots are dazzling in the garden and full of nutrient rich Vitamin A. Can be harvested as baby carrots of 3-4" size, or at maturity. 65 days.



#### **Napoli**

Ideal for over-wintering. Cylindrical, smooth, blunt roots with a sweet taste. Best for growing in fall for winter harvest. 58 days.



#### **Romance**

Deep orange, blunt-tipped roots average 6-7" long. Excellent uniformity. High yielding plants with medium-size healthy tops. 65 days.



#### **Sugarsnax 54**

Dark orange roots are smooth, sweet, and tender. 9-10" long roots are high in beta-carotene, an antioxidant and important source of vitamin A. 68 days.

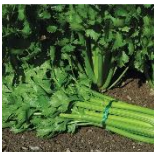
### Cauliflower (*Brassica oleracea botrytis*)



#### **Snow Crown**

Fast-growing and tolerant of a wide range of growing conditions. High quality, medium-size heads, and good tolerance to moderate fall frost. 50 days.

### Celery (*Apium graveolens*)



#### **Tango**

Highly adaptable variety with great flavor and tender stalks. Performs well under less than ideal growing conditions, such as heat or moisture stress. 80 days.

## 2024 Spring Vegetables

### Celery (*Apium graveolens*)



#### Utah

Sturdy heirloom variety with thick, crisp dark green stalks reach one foot or more at maturity. Compact habit with nice aroma and a nutty flavor. 70-110 days.

### Kale (*Brassica oleracea*)



#### Black Magic

Lacinato or “dinosaur” type kale. A well-maintained selection of ‘Toscano.’ Dark blue-green leaves with attractive savoy. Narrow leaves make tall, straight bunches. 65 days.



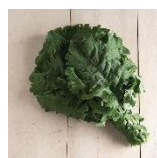
#### Red Russian

Tender, colorful variety for salad mix. Stems are purple, leaves are deep gray-green, purple-veined, flat, non-curved and tooth-edged. Leaves are very tender. 25 days baby, 50 days mature.



#### Scarlet

Broad, purple frilly leaves. Darker color than ‘Redbor.’ Plant heights are not quite as uniform as other varieties, but an excellent choice for baby leaf or bunching. 30 days baby, 55 days mature.



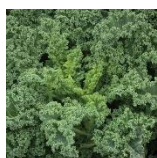
#### White Russian

Vigorous plants with attractive blue-green leaves and long, white petioles. Makes a wonderful complement to Red Russian kale, with similar, toothed leaf shape. Frost tolerant. 50 days.



#### Toscano

Lacinato or “dinosaur” type. Italian heirloom. Extra-dark green, non-curved but heavily savoyed leaves. Rich, tender leaves have a softer texture than curly green kales. Tolerant of both hot and cold weather. 30 days baby, 65 days mature.



#### Westlandse

USDA certified organic. Blue-green, curly leaves with vigorous production. 32 days baby, 60 days mature.



#### Winterbor

Ruffled, blue-green leaves have an attractive curl. Vigorous plants will continue growing to produce leaves for successive harvests. 60 days mature.



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### Kale (*Brassica oleracea*)



#### **Dazzling Blue**

Lacinato type featuring smoky blue leaves with a lilac midrib. Boasts excellent cold tolerance, with leaves sometimes displaying purple hues when exposed to cooler temperatures. Great for baby greens, fresh eating, or cooking. 30-60 days.



#### **Dwarf Blue Curled**

Heirloom type with blue, frilly leaves that are beautiful and extremely hardy. Leaf flavor is sweetened after a light frost, making it a nice choice for early spring plantings. 55 days.

### Leeks (*Allium porrum*) and *Allium* spp.



#### **King Richard**

Remarkable earliness and length up to a foot long to the first leaf. Upright, medium green leaves. For baby leeks, plant closely and harvest at finger size. 75 days.



#### **Italian Red of Florence (Bunching Onion)**

Tuscan heirloom bunching variety featuring gorgeous bottle-shaped bulbs with healthy green tops. Mild, sweet flavor is great for pickling and for using raw in salads. 60 days.

### Lettuce (*Lactuca sativa*) Green Butterhead/Bibb



#### **Buttercrunch**

Crisp and sweet. Forms a small, open but tightly bunched, 6" rosette with dark green leaves and small compact hearts that blanch to an appetizing yellow color. 28 days baby, 46 days full size.

## 2024 Spring Vegetables

### Lettuce (*Lactuca sativa*) Greenleaf



#### **Tropicana**

Best heat and bolt tolerance of green leaf types. Plants produce full heads with heavy, medium green leaves. Tolerant to tip burn. 52 days.



#### **Nevada**

Boasting both heat and cold tolerance, Nevada makes a good all-season choice. Bright green ruffled leaves have a great taste and mild flavor. Ideal for early or successive plantings. 48 days.



#### **Bergam's Green**

Dark green savoyed leaves with a wavy leaf margin. Uniform, dense heads are high yielding with good flavor. Heads are full-sized and dependable. 51 days.

### Green Oakleaf



#### **Panisse**

Large, lime-green, lobed oak leaves with excellent flavor. Compact full-size heads with disease resistance. Best for early or late plantings. 28 days baby, 48 days full size.



#### **Saladbowl**

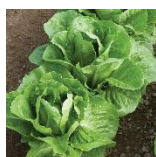
Forms large, lime-green rosettes of delicate, lobed, oakleaf-like leaves. Good resistance to bolting and moderate heat tolerance. 1952 AAS winner. 28 days baby, 49 days full size.

### Green Romaine



#### **Green Forest**

An early, tall, dark green, Paris Island type. Slow bolting, tolerant to tipburn, and has smooth ribs. Leaves are thick, crisp, juicy and sweet. 56 days.



#### **Coastal Star**

A favorite for many market gardeners and home gardeners alike, Large, heavy heads are dark green with a sweet flavor, and boast good heat tolerance. 57 days.

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## Lettuce (*Lactuca sativa*)

### Green Romaine



#### Sparx

High yielding, upright, dense heads produce long, uniform hearts with good flavor. Attractive appearance makes this a great variety for market stalls and retail displays. 58 days.

### Red Butterhead



#### Red Cross

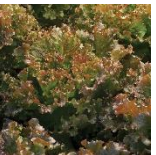
The reddest butterhead. Large, fancy, bright red heads with a soft, folded, and blanched heart. Excellent sweet flavor. Good heat tolerance. 48 days.

### Redleaf



#### New Red Fire

Heavy, full heads with frilly leaves of deep red over green. Taste stays mild for a long time without bitterness. Slow bolting. 55 days.



#### Ruby Sky

Ruffled leaves are intense purple-red at the tips, and green at the inner base. Highly productive, with dense, heavy heads and good field holding. 58 days.

### Red Oakleaf



#### Oscarde

Attractive, lobed leaves are deep cherry-red, turning bright green toward the dense, tender heart. Can be grown for baby leaf but best for the compact, full size heads. Suitable for spring and fall crops. 28 days baby, 48 days full size.



#### Red Saladbowl

Radiant burgundy red, deeply lobed, delicate oak-like leaves. Matures early, holds it mild, non-bitter salad quality a long time, and is slow to bolt. 28 days baby, 51 days full size.



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## Lettuce (*Lactuca sativa*)

### Red Romaine



#### Outredgeous

Outstanding, solid bright red leaves with ruffled edges. Full-sized heads are big, tall, and beautiful. Very flavorful. 28 days baby, 57 days full size.

### Red Summer Crisp



#### Cherokee

Crisp, dark red leaves with good flavor are suited for both mini-head or full size use. Very slow bolting with excellent tolerance to heat. 28 days baby, 48 days full size.

## Peas (*Pisum sativum*)



#### Sugar Snap

Tender, sweet, crisp pods with vigorous plants producing a thick stand that requires support. Vines avg. 72" with 1 or 2 pods per node. Yields well over a long season in both hot and cold weather. 62 days.

## Sorrel (*Rumex spp.*)



#### French Sorrel

Tender, fresh green leaves have an intense lemony flavor. Produces some of the earliest greens in spring and latest in fall. Use in salads, soups and sauces. Perennial. 35 days baby, 60 days full size.



#### Red Veined Sorrel

Bloody Sorrel. Bright green leaves with contrasting dark maroon stems and veins. Same tangy flavor as regular sorrel. Best when harvested young for baby salad mixes. 55 days.

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## Spinach (*Spinacia oleracea*)



### **Acadia**

Upright plants with glossy, dark green, oval leaves. Great regrowth for "cut and come again" harvest. Grows more slowly than most of our overwintered varieties when late-winter sown. 27 days.



### **Hammerhead**

Medium green, upright spinach with slightly elongated, round, cupped leaves. Like Emperor in leaf shape, but faster growing and more uniform, with a thicker, more savoyed, darker green leaf. 27 days.



### **Kookaburra**

Upright variety making it easy to harvest for both baby and full-size leaves. Attractive, semi-savoy, dark green, oval leaves. Great flavor. 26 days.

## Spinach (*Spinacia oleracea*)



### **Space**

Medium dark green leaves are upright and smooth to slightly savoyed. Resistant to downy mildew and leaf spot. Tried and true variety. 25 days.



### **Equinox**

Faster growing, slower bolting, and much more uniform than Bloomsdale. Upright plants with fully savoyed leaves on long stems. 29 days.



### **Seaside**

Upright, dark green leaves, that are somewhat spade shaped. Stays small, which extends the baby leaf harvest window. 30 days.

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## Swiss Chard (*Beta vulgaris cicla*)



### **Bright Lights**

Stems of many colors including gold, pink, orange, purple, red, and white. Lightly savoyed, green or bronze leaves. Mild tasting. 28 days baby, 55 days bunching.



### **Magenta Sunset**

Pink-veined baby leaves are excellent in salad mix. At full size, the narrow pink stems and smooth leaves have a mild flavor. 28 days baby, 55 days bunching.



### **Ruby Red**

Candy-apple red stems with dark green, red-veined leaves. Excellent as a true red color in salad mixes. Tender with good flavor. 32 days baby, 59 days bunching.

Photos and some descriptions courtesy of Johnny's Selected Seeds, Botanical Interests, and High Mowing Seeds.